



MATE TECHNICAL INTERNSHIP PROGRAM SUGGESTIONS FOR THINGS TO BRING ON RESEARCH VESSELS

- Money for t-shirts, caps, etc.
- Closed-toed shoes for the deck and possibly steel-toe boots (check with your mentor)
- Baseball cap or some other hat with a brim (a must for the fire and safety drills!)
- Plastic coffee mug/water bottle that you can reuse (cuts down on paper/plastic waste)
- Styrofoam cups and sharpies (cruise momentos!)
- Baggies for animals (if you get some shells or tubes!)
- Music and music-player
- Camera and film or extra memory card
- Extra batteries
- Gum, chocolate, sodas, candy
- Shorts
- T-shirts (both short and long-sleeve – tank tops too)
- Enough sundries to last ____ weeks
- Sunblock
- Big towel (the towels the ship supplies are tiny!)
- Favorite pillow, pillowcase, and linens (the ship supplies these, but just in case you feel better with your own)
- Books, videos, DVDs
- Aspirin, Advil, Tums (the ship has these but it's always nice to have your own supply)
- Sunglasses
- Tevas (or other soled sandal)
- Passport! (If you are leaving the country)